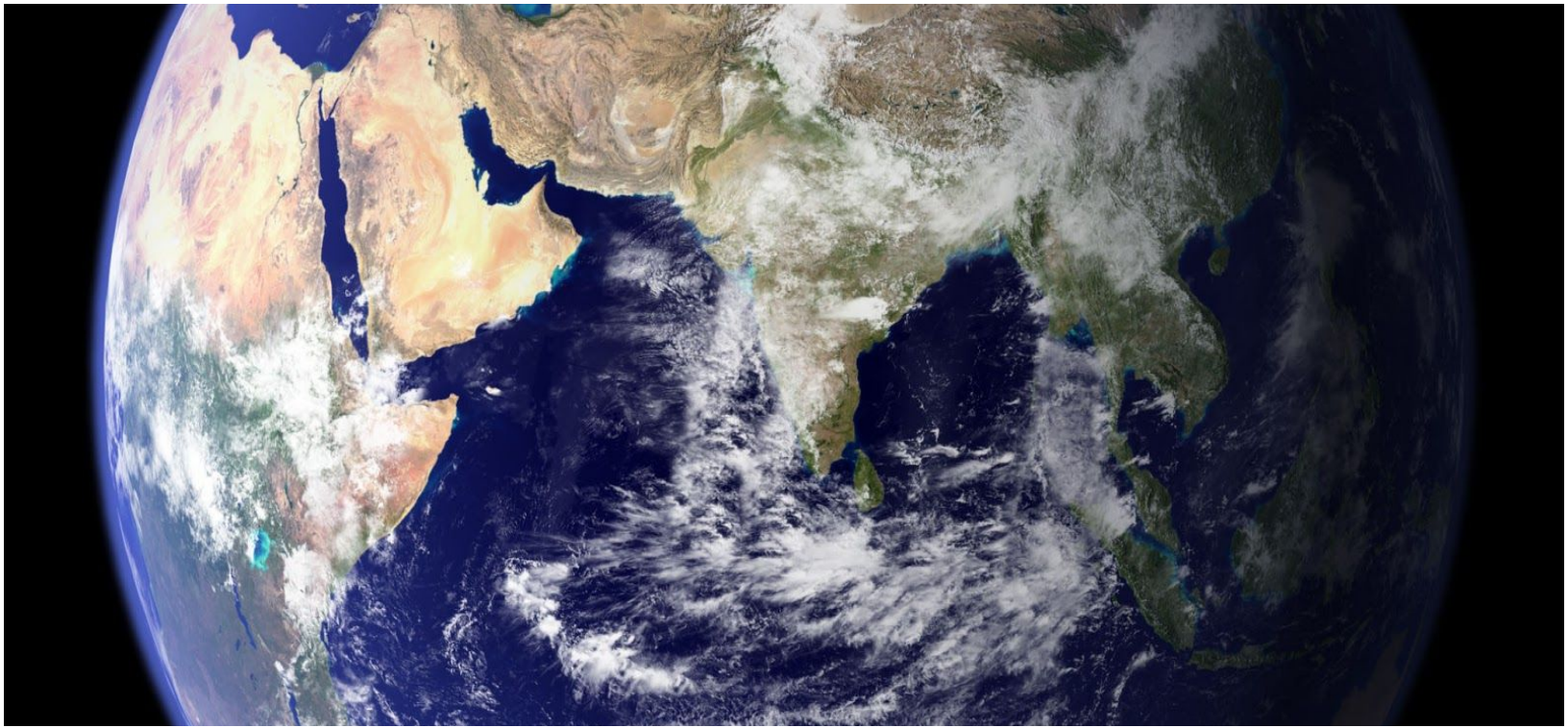


*Northwestern Monthly*  
APRIL, EARTH DAY SPECIAL



## Plant Word Search

K L X N Y S H A T Q D P X C J K S K A L R E A S H  
F K R H T B O E J P M N J I J T A U K K M V H Y P  
P E R R S U P H R L A F W R I P T P S P D N P X C  
F F X D K R P H E B Q X H U Y Z M A Q I I D Z Y A  
P M B E W H T G L X S G R D F I L N V O U N L Q V  
H J T T U S I O P J X F D A Z B L V B M H K E E X  
I W S W R F X B A H B D D N V I B K T J E O B X C  
I H V P I F Q Q M T E A W D H L B H N G Y T E K J  
V E X N S V H V V K V I C E U M Y M S Z J U B E F  
S F E Y Q Z D R T S V I E L U M X G Z W H N H T J  
I U V K A U S J L R U H O I E P V W T N N L G I E  
O V T Z H Z H T U M G Q A O D Q E C M P P F H G W  
S T O O R X X N S G W C K N X J Y Y N H U Q E N X  
D U F X L M N V B J X Y C G P X E J R X T A O Y Z  
V A T X B U R H S M O S S X L D E G E V T T G D M  
Z L D C C Q I I D W W H A G Y M J R N L Q Q R E W  
R F U X A J D I M B V B B J E R M M Y C C D Q H D  
N G J G N C S H B H G C I N X N F T R Y B E A N U  
W G X R G F A B E A J F A Z B B Y O C Y U T S W V  
N X U S J W O R C H I D L N C T K Z E O H O Z Q W  
Q H G O T G V V M W W F G I R V N C Q M Z H H F I  
I K H H X E F Z T F Q H A H K X J R P J Z E J O G

X Q O P U T C Q U P I V E Q U R J T U Y R K G T G  
D R Z R E I R C N T M Z S R E W O L F K S W B S K  
N A E Y G D A E U F W L Q Z X J T C N Z Z P W S S

ALGAE CACTUS DANDELION FERN FLOWERS FRUITS	HAWTHORN HERBS LOTUS MAPLE MOSS OAK	ORCHID PINE SHRUB SHRUBS THYME
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# *An Interview With The Gardening Club*

*\*Interview answers are not exact quotes from interviewees.*



*overview*

## *Interview with Dr. Bartlett:*

*1. What inspired you to be a teacher?*

*I was inspired to be a teacher because I wished to be closer to my daughter.*

2. *What is your favorite thing to do at the Gardening Club?*

*I want to teach students the natural way things are grown in a garden, unlike the unnatural way things are grown now.*

3. *What do you like best about the Gardening Club?*

*I was especially impressed with Colin coming to me and wanting to establish the Gardening Club to reconnect with nature.*

## *Interview with Colin Sautner:*

*What inspired you to start the Gardening Club?*

*At the beginning of the year, I did not have any clubs I was interested in joining, and I had a passion for gardening. I decided to ask Dr. Bartlett if I had a gardening club and when Dr. Bartlett said no, Dr. Bartlett and I decided it would be best to make one.*

*Do you have any favorite thing to do at the club?*

*I love watching the plants grow and develop because it shows that we are making a difference to the school and the people in it.*

*What is the best thing about the club (in your opinion)?*

*The fact that everyone can co-corporate and get a task done together.*

*What do the other club members like to do at the club?*

*I love doing things around the garden and we enjoy going outside to pull weeds and help plant seeds.*

# VEGAN TOFFEE-CRUSTED MUD PIE RECIPE

## Vegan Toffee-Crusted Mud Pie

<i>ingredients</i>	Instructions
<p style="text-align: center;">Crust Ingredients</p> <ul style="list-style-type: none"><li>● 2 cups vegan graham cracker crumbs<ul style="list-style-type: none"><li>● 1/4 cup sugar</li></ul></li><li>● 1/2 cup melted margarine</li></ul> <p style="text-align: center;">Chocolate Coating Layer</p> <ul style="list-style-type: none"><li>● 1/2 cup vegan chocolate chips<ul style="list-style-type: none"><li>● 1 tbsp. margarine</li></ul></li></ul> <p style="text-align: center;">Cheesecake Layer</p> <ul style="list-style-type: none"><li>● 1 cup raw cashews soaked 4-8 hours</li><li>● 1/4 cup maple syrup or agave<ul style="list-style-type: none"><li>● Juice of 1/2 lemon</li></ul></li></ul>	<p style="text-align: center;">Prepare the Crust</p> <ol style="list-style-type: none"><li>1. Preheat oven to 400°F.</li><li>2. Mix crust ingredients and press into a 9" pie pan.</li><li>3. Bake 10 minutes - until it begins to brown. Allow time for cooling.</li></ol> <p style="text-align: center;">Prepare Chocolate Coating Layer</p> <ol style="list-style-type: none"><li>1. Melt chips and margarine on a stovetop or in a microwave, in 30-second intervals. Blend completely and spread to coat the bottom of the crust.</li></ol>



<ul style="list-style-type: none"> <li>• 1 tbsp. non-dairy milk</li> <li>• 1 tsp. vanilla extract</li> </ul> <p>Chocolate Whip Layer</p> <ul style="list-style-type: none"> <li>• 14 oz. canned coconut cream refrigerated overnight</li> <li>• 1/2 cup cocoa powder</li> <li>• 3/4 cup powdered sugar</li> </ul> <p>Optional Garnish</p> <ul style="list-style-type: none"> <li>• 1/4 cup chocolate shavings</li> </ul>	<p>Prepare Cheesecake Layer</p> <ol style="list-style-type: none"> <li>2. Blend cheesecake layer ingredients in blender or food processor until smooth.</li> <li>3. Spread over chocolate layer.</li> <li>4. Allow time to cool until chocolate solidifies. You can speed this up by refrigerating.</li> </ol> <p>Prepare Chocolate Whip Layer</p> <ol style="list-style-type: none"> <li>1. Empty coconut cream into medium mixing bowl. Discard any water.</li> <li>2. Beat on high speed with an electric mixer until light and fluffy, about a minute or so.</li> <li>3. Add cocoa powder and powdered sugar, about a third at a time, and beat well between additions. Continue beating until completely blended, smooth and creamy.</li> </ol>
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#### Recipe Notes

Coconut cream, as opposed to coconut milk, has almost all of the water removed. You can find coconut cream at Trader Joe's, online, and probably at some supermarkets as well. Though most of the water is removed, I still suggest chilling it overnight in order to squeeze that last bit out and get the best results. If you don't have coconut cream close at hand, *you can get away with using a can of coconut milk. There will be a bit more water, but not enough to have a major effect on your results*

# Facts About Earth Day

- During the first Earth Day, more than 20 million Americans were seen on the streets.
- On Earth Day 2009, Disney released a documentary film called "Earth" that followed the migration paths of four animal families.
- 
- On Earth Day 2012, more than 100,000 people rode bikes in China to reduce CO2 emissions and save fuel.
- In an Earth Day celebration in 2011, 28 million trees were planted in Afghanistan by the Earth Day Network.

- In Panama, 100 endangered species of orchids were planted and maintained to prevent their extinction in honor of Earth Day.

## Contest!

**Draw an invention that will help clean up litter from parks and drop it off in room 625.**

## *The Origins of Earth Day*

On April 22, 2019, nations across the globe will celebrate a worldwide holiday- Earth Day. Individuals everywhere will celebrate and educate themselves on the dangers of pollutants. As a result, collective groups of people will acknowledge ways to make a happier and healthier Earth. However, April 22 was not always celebrated this way. In the late 20th century, people guzzled oils and gasoline, polluting their surroundings, oblivious to the dangers of this. Yet with the help of concerned senator Gaylord Nelson, the world was to be educated about environmental conditions and the ways to help fix the issues humanity itself created.

Earth Day began as an idea from Senator Gaylord Nelson, after he observed the destruction of an oil spill. He believed that he could take the anti-war energy and use it to raise awareness to the government about environmental concerns. Soon after, Nelson created a committee of 85 people to help with a day of "national teach-ins on the environment" on April 22, 1970. The new holiday was an instant success, with universities and colleges across the nation partaking in protests and rallies about environmental concerns. In addition, major political bodies and economic classes were brought together as Earth day was celebrated. By the end of 1970, the United States Environmental Protection Agency had been constructed, along with clean air, Clean Water, and Endangered Species acts being passed. Since then, Earth Day has been an inspiring and influential holiday across the world.

In conclusion, Earth Day has been thriving as a significant event and holiday across the globe every April 22. Beginning as an idea from a concerned senator, Earth Day had since taught

generations of people about distressing environmental conditions. This Earth Day, everyone can take part in benefiting our world. There are several ways one could do something, whether it is limiting one's use of plastic or recycling instead of throwing things out. Together, everyone can make a happy, healthy, and environmentally-friendly Earth. How will you make a difference?

Sourced from: [www.earthday.org](http://www.earthday.org)

### FACTS ABOUT VEGANISM

VEGANISM IS A WAY OF LIFE WHERE THOSE WHO IDENTIFY AS VEGANS DO NOT USE OR EAT ANY ANIMAL PRODUCTS. THE GOAL IS ENDING THE EXPLOITATION OF ANIMALS.

1. VEGANS CAN SPARE THE LIFE OF ABOUT 30 ANIMALS EACH YEAR!
2. VEGANS SAVE ABOUT 45 POUNDS OF GRAIN A DAY! GRAIN THAT IS USED TO FEED LIVESTOCK FOR MEAT PRODUCTION COULD FEED 1.3 BILLION PEOPLE. VEGANS ARE CONTRIBUTING TO HELPING SOLVE WORLD HUNGER.
3. VEGANS ARE LESS LIKELY TO HAVE A STROKE. THE WEBSITE CHOOSEVEG STATES, "RESEARCHERS AT MCGILL UNIVERSITY AND MCMASTER UNIVERSITY FOUND THAT STUDY PARTICIPANTS WHO CONSUMED THE MOST FRUITS AND VEGGIES WERE 30 PERCENT LESS LIKELY TO EXPERIENCE A STROKE. "
4. MOST CASES OF FOOD POISONING (UP TO 80%), ARE DUE TO INFECTED MEAT, WHICH SHOWS THAT VEGANS GET FOOD POISONING LESS THAN NON-VEGANS
5. 150 BILLION ANIMALS ARE KILLED EVERY YEAR AND 97% OF THEM ARE KILLED FOR FOOD PRODUCTION.

6. ANIMAL AGRICULTURE IS THE LEADING CAUSE OF OCEAN ANIMALS EXTINCTION AND DEAD ZONES.
7. ON EARTH, COWS PRODUCE ABOUT 150 BILLION POUNDS OF METHANE EVERY DAY. METHANE IS A NATURAL RESULT OF DIGESTION FROM COWS AND ANIMALS IT'S RELEASED WHEN ANIMALS PASS GAS AND DISCHARGE. METHANE IS A GREENHOUSE GAS EMISSION AND WHILE IT DOES NOT STAY IN THE ATMOSPHERE IF CARBON DIOXIDE IN THE FIRST TWO DECADES IT IS ABOUT 80 TIMES MORE POTENT THAN IT!
8. ONLY AROUND 2% OF THE POPULATION OF WESTERN COUNTRIES FOLLOW A VEGAN DIET.
9. HONEY IS PACKED WITH ENERGY AND SWEETNESS WHICH CAUSES IT TO BE VERY POPULAR IN THE VEGAN WORLD. UNFORTUNATELY, THERE IS A LOT OF CONTROVERSY AROUND IT. ALTHOUGH SOME VEGANS ARGUE THAT HONEY IS NOT OKAY IN A VEGAN DIET BECAUSE IT'S STOLEN FROM THE BEE'S OTHER VEGANS SAY THAT IT'S OKAY IF THE BEES AREN'T CAPTURED AND INSTEAD THEY CAN MOVE FREELY.
10. 59,500 PEOPLE WORLDWIDE, TOOK PART IN VEGANUARY (A CHARITY WHERE PEOPLE GAVE THE VEGAN LIFESTYLE A TRY FOR THE MONTH OF JANUARY)

**POLL!**

**would you rather save a sea turtle, or stop a whaler? Answer [HERE!](#)**



*Recycle **8** Written on and Used Sheets of Paper  
(not the newspaper), Take This to Your Teacher and  
Get **3** RRRoar Tickets!!!*



*You get one check for each paper!!*

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*Hello Teacher!*

*This Student Has Participated in This Year's **Earth Day Newspaper!!***

*Thank you for helping the planet, we encourage you to recycle more throughout your day!!*



Thanks to all the members of the Newspaper Club.

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