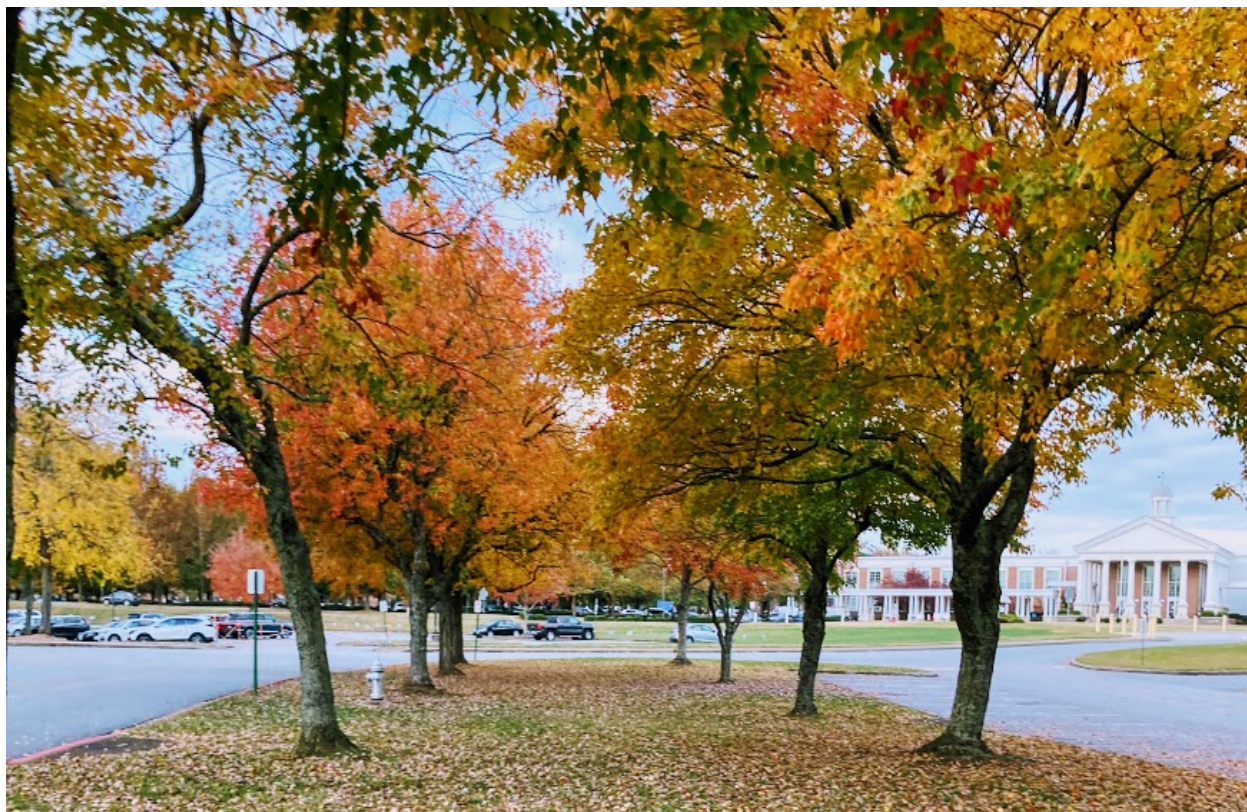


Northwestern Middle School  
**NORTHWESTERN MONTHLY**

April 2022 Edition

---



---

# April Editorial

From Co-Editor Hunter Davis

Mindset by Carol Dweck is an interesting book. I tried to get into it when I was nine, and I apparently told my dad it was stressing me out. Unsurprisingly, nine year olds don't like to grapple with ideas, like the ones in that book. Today, however, I read Mindset and it gives me hope. Let's walk through the basic proposition of the book, and find out how to improve our lives.

The Growth Mindset is the belief that your abilities can be improved through practice and work, as opposed to believing people are born with a fixed set of abilities. It's just that, but allow me to give a couple examples of where you can see and understand your own mindset and ideas. When you do poorly on a test, what is your reaction? In either mindset, you may feel stupid. In either mindset, you may remind yourself (or a friend may remind you) that you aren't stupid; You've done plenty of tests well before. After this, the mindsets diverge. In the fixed mindset, you would try to come up with an excuse for why you didn't do well. "The teacher didn't remind us," "The test had bad questions," etc. You may know inside that these excuses aren't all true, but it's how you think before you move on to the next test. In the growth mindset, you ask yourself why you didn't do well, and instead of coming up with an excuse, you face yourself with the real reason. "I didn't study much or at all," "I lost track of dates due to poor organization," or "I missed school when we went over an important standard and didn't ask the teacher about it." Then, you fix that next time. You study more, employ an agenda, or email your teacher after absences.

For me, realizing this difference changed a lot of how I approached things. The most notable improvement for me was in how I viewed my artistic skills. I have always considered myself hopeless at art, but the book mentioned a story

---

of people who considered themselves average at art developing significant skills after a short workshop. I try to keep the growth mindset in mind as I produce unrecognizable works of art; knowing my ability to improve gives me more patience.

Enough about myself, the most important part of it to me is how we use it to improve all our lives. The growth mindset is an invaluable tool for becoming stronger academically, physically, and emotionally. I gave an example of academic improvement in the first paragraph. For physical improvement: the growth mindset is the culture of working hard to cut down your personal best, and ignoring every other competitor. On the social-emotional side of things, we've all heard the phrase "grow as a person". We might not have all believed it, but it is true. We can grow as people, and we should help each other to do the same.

The goal of this editorial is to try to push the ideal that is the Growth Mindset. Your counselors may have mentioned it, but I think many of us failed to understand it (I certainly did, it took reading the book to get it). I hope you, in reading this, find it within yourself to work hard and improve your skills in all aspects of your life.

Have a good one.

-Hunter Davis

---

# RUSSIA VS. UKRAINE

Many people have heard about the Russia Vs Ukraine situation and there are many rumors and predictions, many believe that this can escalate into another world war. For a very long time Russia and Ukraine have had conflicts over land, there was even a situation in 2014. In very early 2022 Russia had built up their forces on the Ukraine border. Finally after so much speculation and buildup. Russia finally invaded Ukraine on february 24th. Russia had started with the invasion and has been bombing strategic and even civilian targets! Some of the civilian targets that they have targeted are hospitals, apartments, housing, and even schools! As a response to this invasion the United States has placed many sanctions on Russia and many private companies also have placed these sanctions on russia. Not only has the United States condemned this invasion, the grand majority of countries around the world condemn this invasion and have also placed some of their sanctions on Russia. The citizens of Ukraine have been extraordinarily brave, they are fighting alongside the military, some people who have never held or shot a gun are now joining the front lines to defend their country. Even the president of Ukraine is staying with his people and fighting alongside them. In Russia, many of the Russian citizens are protesting the invasion. Russia has increased its media censorship to prevent the citizens from discovering the truth. The Russian economy has not been doing so well either, due to all the



---

sanctions placed on them, their currency has collapsed. Because of all this going on, there is one main fear many people have, the fear that there will be another world war. Not only is that a fear to many, many also fear that this war could become nuclear and end up with human civilization collapsing. Let's take a step back and see how a world war could even start as a part of it. So far this is a regional conflict, even though other countries are helping Ukraine, they are not actively part of the war effort, they are not fighting. There are a few ways this could play out, firstly Russia could attack a NATO country meaning all other NATO countries have to fight alongside them. Another way this could play out if the US decides to send its own soldiers to Ukraine for some reason which would cause a war. In the event of a war chances are countries will use cyberwarfare, typical fighting, and worst of all: nuclear warheads. In the event Russia were to send some of their warheads to the US (keep in mind Russia has the largest nuclear arsenal) the US will manage to blow many of them out of the sky, but unfortunately some will hit the US. Russia will most likely pick strategic targets to bomb, that means us Georgians are relatively safe but we will definitely see some explosions. Things like DC and parts of California and any other strategic targets will be destroyed, and those explosions would have vaporized and burned many of its victims. Here in Georgia we are relatively safe from a nuclear blast and the radiation, the wind blows it in a different direction. Thankfully we would be safe from burning to death and being vaporized, but there will be a new nightmare: water and food shortage. Even though Georgia

---

would be relatively unscathed, many other important parts of the US will be destroyed meaning food and supply shortage. Water will be contaminated, causing a water shortage. Because nuclear blasts partially emit an EMP and Russia may purposely emit EMP attacks on the US, many electronics will be destroyed. This includes computers, phones, smart devices, basically anything with a semiconductor chip. This means that radio is your best bet to find someone and if there was any kind of machine that was protected from the EMP you could also use that for any kind of use. Many people will unfortunately be killed from the blast and more will die from radiation and starvation. This will be a similar fate in many countries that also have participated in the war. Russia will also suffer some damage, similar to the US. Overall this will lead to a main collapse in human civilization with very few working parts. Who knows how long it will take for society to rebuild, to at least get into a working state. The point is that there should never be a nuclear war and that it cannot be won, you cannot rule a dead world.

---

CLICK [HERE](#) FOR AN EARTH DAY QUIZ!!! BY: LILY HEBERT

	6					9	1	
2		3		1	5	6	8	
			6		3	2	5	4
	2				1	3		
1	5			4				6
			2			8	9	
		6			2		7	9
4		7		9			6	2
9	1	2	7			5		

### How to play

The goal of sudoku is to complete a 9x9 grid with numbers so that each column, row, and 3x3 grid have the numbers 1-9. At the start, the 9x9 grid will have some squares filled in. The goal is to try to fill in the missing numbers and complete the grid. A row, column, and 3x3 grid can only use numbers 1-9 once. So, if a row has a number in it, it can't be used again in that row, even in another column or 3x3 grid. Good luck!

For more info check out... [sudoku.com](http://sudoku.com) (inspiration)

Alexandria and Ziva were polar opposites. Black and white. Night and day. Good and evil. But who's who? Sometimes roles change but when? And how? Alexandria and Ziva seemed to be set in their ways. Alexandria was evil and Ziva was the hero. That was that. But when motivations become clear, who is the hero, and who is the villain?

Read the May edition of this year's newspaper to find out!

Written by Eliana Penman and Caroline Netto

---

# The Loop

By Sarah Netto

Eve did her usual morning routine. She woke up at 5 AM sharp to begin her day. She got dressed in neon orange leggings, her favorite pair, a t-shirt that said workout time on it, and her pair of sneakers. She went to the gym. When she drove to the gym she said hello to her neighbors, Mr. White and Mrs. Simmons. When she got to the gym she noticed her favorite show, Productive Life, was on. Productive Life was about being productive and making sure to stay productive; she felt that it motivated her. After her workout she drove back home to get ready for work.

When she got home she noticed a package on her doorstep, but this confused Eve as she had never ordered a package. She brought it in and put it on her counter. Then she checked for a return address to get it to its rightful owner. But it had no markings on it, not even a stamp, meaning that it was hand-delivered. She then opened the package to see if maybe what was inside could help her see who it belonged to, plus she was a little curious. She opened the box and all it had was a paper that read “Do you know what the problem is...I do”. *What problem, and who is the sender?* Wondered Eve.

Eve decided that it was best to leave it on her counter and deal with it once she got back from work. She got ready by taking a shower, getting dressed, and checking her emails before going in. She had her usual breakfast, a parfait and a banana, and went to her car.

Eve got into her car and drove to work. It was a fifteen-minute drive, so it wasn't too long. Because she was happy to be there with her work friends, Eve was excited to go to work. Eve had only joined their company, Dr. Dooglesmirt Inc, a few years ago, but she had already been promoted as assistant to the boss. She had loved this job since day one.



---

The work environment was so nice with everyone in their little brown cubicles, and them keeping to themselves. The workers, who were typing away on their keyboards, were working hard. Their main goal was to promote their two magazines, Better Plants and Houses and Clock Monthly. Better Plants and Houses was focused on educating people about how to make their plants and houses correlate and function correctly, while Clock Monthly was aimed towards informing people about what was going on in the world. Eve thought that it was a magical job working at Dr. Dooglesmirt Inc. When she watched the day go by, she loved the orderly function of it all.

Eve believed that her life was perfect, and everyone thought their lives were too. But underneath there was something wrong, something very wrong. But no one noticed. It happened day after day, but everyone was oblivious to it.

Eve went through her normal work schedule: get the boss coffee, read through his mail, and tell him his schedule. Eve had realized by then that the only thing that had affected her day differently than usual was the mysterious package. Eve decided to go home early and figure out the whole package situation. On her way out she saw her work friend Monica.

“Did you hear that Evan quit his job?” asked Monica, who was Eve’s favorite clock monthly writer. Eve just found the most intriguing articles written by Monica, like the effect of river snags on the ecosystem and an article about rats, bats, and leeches.

“What? How come? Man, I loved Evan, he has such a bubbly personality.” Eve responded.

“Totally, everyone loved him but beats me” answered Monica.

*Why would Evan quit, everyone loves their jobs?* She wondered. But then Eve had a realization, she had just then noticed that everyone she talked to loved their jobs, except Evan who had quit for some reason. No matter where they worked, garbage truck workers to preschool teachers to surgeons, everyone loved their jobs. This sounded normal to everyone, but Eve thought that there had to be at least one person who didn’t like their job.

---

“Does everyone like their jobs?” wondered Eve.

“Of course! You should like your job. Shouldn’t you?” replied Monica.

“I don’t know. But what about people with bad jobs like inmate cell guards?” asked Eve.

“Oh silly, everyone loves their jobs! No matter what!” answered Monica.

“How come?” questioned Eve.

“Umm, no reason” responded Monica. But there was a visible trickle of sweat starting from her forehead.

“There has to be a reason, isn’t there?” asked Eve, getting more suspicious by the second.

“Do you know what the problem is... I do” responded Monica.

“What?” replied Eve. Now Eve was sweating, she felt like her world was unraveling apart. She tried to keep calm and process that someone random at work sent the mysterious package.

“Wait, wait, wait, what did you just say?” asked Eve, questioning what she previously heard.

“I said that everyone loved their jobs, no matter what.” replied Monica. Her eyes glazed over, looking hypnotized.

“No, no, after that.” Responded Eve, freaking out now.

“Nope, I didn’t say anything after that.” Monica responded looking dazed.

Eve now walked away trying to process what had just happened. She knew when people were lying, and she knew that Monica was not lying. So, after that Eve just went straight home and went to sleep. She went to bed trying to figure out what had happened that day.

---

Eve had dreams like she had never had before. It was about the government taking control of everyone. The government secretly controlled everyone's lives, and everything happened on purpose, no accidents, everything controlled.

Eve woke up stressed out. What did that dream mean? She wondered. Eve believed that every dream had a meaning.

The next day Eve did her morning routine. She woke up at 5 AM sharp to begin her day. She dressed in her neon orange leggings, a t-shirt that said workout time on it, and her pair of sneakers. She went to the gym as usual. Her neighbors said hello to her when she drove to the gym. When she got to the gym she noticed her favorite show, Productive Life, was on. But suddenly there was a random ad that blinked on the screen for about five seconds that said do you know what the problem is... I do, then it blinked off and went back to the TV shows. The five seconds was short but long enough to be noticeable. Eve frantically looked around to see if anyone else noticed. But all she noticed was that everyone else had glazed-over eyes. Freaking out about if she was insane or not, Eve hurried home to figure things out.

Eve decided to turn on the news channel, normally they would report on something like this. This random, really odd, phenomenon going around had to be something people were talking about. She turned on the news on her TV.

"Today it looks like it will be sunny all day long, no showers for the next few months" the newscaster announced. That's odd, wondered Eve. Months? How could it not rain for the next few months!? We could go into a drought surely because of no rain.

"Yup, that's right the next few months, per usual. No rain at all!" The newscaster announced. Now this was weird. Per usual? Thought Eve. But then she thought about how it hadn't rained since... well since the last election for President.

"Well, that's odd," Eve thought aloud. The election was a while ago. *But the election couldn't be correlated with rain, right?* Wondered Eve.

"We should have had another rain shower since then" pondered Eve aloud. Then she realized that the election was a mess. There were fights over it. A lot of

---

people weren't friends because of how it went down. She remembered that the leader was corrupt.

But he wasn't so corrupt as to control people's lives and the rain schedule questioned Eve. But Eve had been the only one to recognize this. Whoever the sender worked in the government and was able to tap into people's minds to ask her what the problem was.

But Eve decided that it was good to have a scheduled life, not a life on edge. Eve had always enjoyed a nice orderly schedule. She had never liked deciding in the moment. But if Eve was a spur of the moment person she would have stopped it. But Eve was not that person.

Instead, Eve went on with her life. But every now and then Eve wished for rain, or at least some change. But none came. So, Eve lived her life day after day, doing the same thing. But Eve kept the package on her counter, to remind her to spice up her life a little, even if it was having a donut for breakfast or wearing a different shirt to the gym. Eve learned that change is good and to make sure you aren't trapped in a loop of the same thing.

---

# The People Behind the Paper

**Mrs. Warryat- Sponsor**

**Hunter Davis- Co-Editor**

**Izabella Finol-Bishop- Co-Editor**

**Caroline Netto- Essays and Interviews Supervisor**

**Lily Hebert- Polls and Games Supervisor**

**Valeria Santamaria- Formatting Supervisor**

**Nathaniel Dsilva- Advertising Supervisor**

Sophia Bivek

Rania Mahmud

Adithi Challa

Harper Mayer

Domenica Colvin

Caroline Meador

Raadhiya Fatimah

Kabir Mishra

Lola Gee

Yusra Mohammed

Rebecca Gee

Sarah Netto

Khloe Grigg

Zaira Qureshi

Angela Johnson

Sydney Schindler

Isaac Jung

Aryan Sharma

Emma-Joann Kamdoun

Pari Shah

Kaylee Kim

Nishka Vaddu

Isla MacMillan